



**FFCCHA Professional Development
Zoom Online Quarterly Training
August 15, 2020
Part One: 10:00 am to 11:30 am
Part Two: 12:30 pm to 2:00 pm**



Registration Fee: \$30.00 (\$25.00 scholarships available) registration required for each part.

Part One is \$5.00 and Part Two is \$5.00 or both for \$10.00 with a scholarship.

Registration forms & payment must be **received by August 12, 2020. NO REFUNDS.**

Mail to: **FFCCHA c/o Adrienne Donaldson, 1530 NW 124th Street, North Miami, FL 33167**

Online Payments available! At www.familychildcare.org

Make check or money order payable to: FFCCHA, Inc. Please submit this completed form with payment.

(Pay only \$5 each for each training if you are a FL Registered OR Licensed family child care provider OR co-provider FFCCHA member & complete 30 words below). *Note: Returned checks will be assessed \$47 in additional fees.*

Any questions, please contact: FFCCHA (786) 274-2931 or JittaBugTrainings@gmail.com

Deadline: Must be received by August 12, 2020

Please Print:

Name: _____

Name of FCC home as listed on License/Registration: _____

Address: _____

City: _____

Zip: _____

County: _____

Phone #: _____

Cell #: _____

E-mail Address: _____

Chapter that you are a member of _____

YOU MUST BE PRESENT THE ENTIRE TRAINING SESSION IN ORDER TO RECEIVE A CERTIFICATE.

PLEASE NOTE: Arrive as early as 9:45 to sign in. Training starts promptly at 10:00 am!

__ Part 1: Taking Care of Me: Preventing Burn Out – 1.5 hours – We all take care of everyone, but do you take care of yourself? Join us as we discuss how to discern stress, stressors, and compassion fatigue and their effects. Identify practices used to manage burnout learn how to implement techniques in your FCC Home. We will explore the use of a personal self-care plan and how this instrument can set the example for those around you. **Presented By: Altheresa Clark, LCSW**

__ Part 2: Beating COVID19 in Early Childhood – 1.5 hours – The New Normal is a high concern for us all! COVID19 has changed the way we operate, teach, and interact. Join us as we learn about the New Normal Guidelines and how family child care providers are learning how to adjust. We will review the new guidelines and clarify the standards that are recommendations and those that are mandatory. Do not allow COVID19 to defeat you...Fight back and be prepared. This course will also provide handouts, guidelines, and resources that will help you in your battle!

Presented By: Adrienne Donaldson, Professional Trainer

__ Please check if applying for a training scholarship. Explain on the lines below (30 words minimum) why you want to take this training and how you plan on using it in your family child care home business. **Please write neatly on lines below only.**

*If you need an accommodation because of a disability to participate in the child care training process: contact FFCCHA at least two weeks prior to the first training date at (786) 274-2931 between 8:00 a.m. - 5:00 p.m Monday through Friday. **Deadline August 12, 2020 NO REFUNDS after this date. Training fees are non-transferable. Returned checks will be assessed a \$47 fee in addition to the amount of the check.***

Confirmation will be emailed to you by 08/14/2020.